



## **St. PETER'S COLLEGE OF ENGINEERING AND TECHNOLOGY :: CHENNAI**

(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai.  
Accredited by NAAC with 'A' Grade and ISO 9001:2015 Certified Institution)

**5.1.2 Capacity Building and Skill Enhancement Initiatives taken by the Institution include the following:**

### **LIFE SKILL DEVELOPMENT PROGRAMME**

<b>S. No.</b>	<b>Name of the Event</b>
1	Life Skill Development Programme on YOGA & Meditation
2	Life Skill Development Programme on Yoga
3	Life Skill Development Programme on Lab Safety and Hygiene
4	Life Skill Development Programme on HYGIENE



**PRINCIPAL**

St. Peter's College of Engineering & Technology,  
Avadi, Chennai-600 054.



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## **CIRCULAR**

Ref No: SPCET/ PRI/ CIR/ 2021-2022 / IT/01

08.07.2021

The Department of IT is organizing Life Skill Development Programme on Yoga & Meditation on 12.07.2021 between 10:00 am to 11:00 am. Students are hereby requested to make use of this opportunity. Dr.Divya Godan Namboodiri (PT), Specialist in Therapeutics will be the resource person.



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To  
All HODs  
Notice Boards

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Chairperson  
Trustees  
Secretary



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Avadi, Chennai-600 054.



# St. PETER'S COLLEGE OF ENGINEERING & TECHNOLOGY

College Road, Avadi, Chennai 600054

(Approved by AICTE, Affiliated to Anna University, Chennai, Accredited by NAAC with 'A' Grade  
& ISO 9001:2015 Certified)

## DEPARTMENT OF INFORMATION TECHNOLOGY

Invites you all for

Life skill Development Programme

On

*Yoga & Meditation*

by

Dr.Divya Godan Namboodiri (PT),  
Specialist in Therapeutics

**On 12<sup>th</sup> July, 2021 at 10: 00 AM -11:00A.M through Google Meet**

**Mr K V Praveen**

**Programme Coordinator**

**Dr Tharani Vimal**

**HOD/IT**



  
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### **Life Skill Development Programme on Yoga & Meditation**

#### **Resource Person Details**



Dr. Divya Godan Namboodiri (PT), a physiotherapist with 14 years of experience. She have worked as a physiotherapist at Amrita Institute of Medical Sciences, Kerala. After relocating to Pune, I have worked with Dr Rajiv Sharangpani (a renowned consultant in sports medicine and surgery in Pune) and have been trained under his guidance for general and specific exercises and ergonomics. Currently she own a clinic "Therapeutics" providing consultation for exercises, ergonomics, and lifestyle management. She has conducted various workshops on Health, Fitness, Ergonomics, Stress Management and Dance Ergonomics.

PROGRAMME COORDINATOR

Tha...  
HOD

[namboodiridivya1986@gmail.com](mailto:namboodiridivya1986@gmail.com)

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**REPORT**

**Name of the Programme : Life Skill Development Programme on Yoga & Meditation**

**Department : Information Technology**

**Date : 12.07.2021**

**No of participants : 28**

**Details of the resource person:** Dr.Divya Godan Namboodiri (PT),  
Specialist in Therapeutics

- A Webinar on "Stress Management under Covid- 19 Situation" was conducted on 12<sup>th</sup> July 2021. 28 students took part in this course.
- A brief overview about stress & it's different facets in general along with its importance in this pandemic context were explained by the resource person, Dr. Divya Godan Namboodiri(PT), Specialist in Therapeutics .
- The issues discussed for First 30 minutes were **Covid & Stress** –
  - a. Vulnerability towards stress & its physiological effect
  - b. Occupational hazards during this time
  - c. Problems at the domestic front
  - d. Assessment/ Feedback
- **Techniques to overcome stress through Yoga(Last 30 minutes) –**
  - a. Relaxation & its effect on de-stress
  - b. Demo on relaxation technique
  - c. Demo on concentration exercise (focusing on Yoga) / Mind focusing demo
  - d. Feedback / feelings

  
PROGRAMME COORDINATOR

  
HOD



  
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Life Skill Development Programme on Yoga & Meditation

## List of Participants:

S.No	Register No	Name	Year
1	112718205001	ANANDHAN.R	III
2	112718205002	ANJU.P.N	III
3	112718205003	ARAVINDHAN.J	III
4	112718205004	ARUL STELIYOS.J	III
5	112718205005	BASKAR.N	III
6	112718205006	DARWIN.A	III
7	112718205007	KARTHIKESAN.D	III
8	112718205008	MICHELIN JENU.S	III
9	112718205009	NAVEEN.N	III
10	112718205010	RAMEEZ KHAN.M	III
11	112718205011	SNEHA MERLIN.A	III
12	112717205001	AKASH P	IV
13	112717205002	ANAL C R	IV
14	112717205003	ARTHI R	IV
15	112717205004	BALABHARATHI G	IV
16	112717205006	HEMALATHA E	IV
17	112717205007	JEEVITHA A	IV
18	112717205008	JOHN JEBA HUMAR S	IV
19	112717205009	LAKSHYA B	IV
20	112717205010	LAVANYA S	IV
21	112717205011	LIVINS L V	IV
22	112717205012	MADHURI S	IV

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S.No	Register No	Name	Year
23	112717205013	MRRIDHULAA P	IV
24	112717205014	NEETHIPATHI T	IV
25	112717205015	NITHISH KUMAR M	IV
26	112717205016	POORNA PRIYAN B	IV
27	112717205017	PRADEEP R M	IV
28	112717205018	RAJAVEL M	IV

  
PROGRAMME COORDINATOR

  
HOD



  
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AVADI, CHENNAI, TAMIL NADU, 600 054.

## Certificate of Participation

This is to certify that Mr/Ms DARWIN. A , III YEAR  
from INFORMATION TECHNOLOGY has  
participated in life skill development programme on "Yoga & Meditation" organised  
by Department of Information Technology on 12 July 2021.

  
COORDINATOR

  
HOD

  
PRINCIPAL

  
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St. Chennai-600 054.







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**CIRCULAR**

Ref No: SPCET/PRI/CIR//21-22/MBA / 002

07/12/2021

This is to inform that the Department of Management Studies organizes Life Skill Development Programme on Yoga on 14<sup>th</sup> December 21 ( Tuesday) in Block-III Seminar Hall between 10 am to 12 pm. Interested Students are requested to contact Dr A.K. Subramani. HOD/ MBA for Registration. All students are requested to extend your full cooperation .

**PRINCIPAL**

To

All HODs  
Notice board

Copy to:

Chairperson/ Trustee/ Secretary for your kind information



**PRINCIPAL**

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**Department of Management sciences**

**Cordially invites you for the**

## **Life Skill Development Programme on "YOGA "**

**On 14th December 2021 at Block III  
Seminar Hall**

***Mr. B. GANESH***

***ASSISTANT PROFESSOR - MBA***

**Will be the Resource Person**

**Dr. K.PURUSHOTHAMAN,  
Principal, SPCET**

**Will preside over the programme**

**Dr. Mrs.T.Banumathi**

**Chairperson, SPCET**

**Dr. T.Lasya  
Trustee, SPCET**

**Dr. T.Namratha  
Chairperson, SPCET**

**Mr. Prabu  
Secretary, SPCET**

**Ms.C. Evangeline  
Prof / MBA Department  
Event Coordinator**

  
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**Dr.A. K. Subramani  
HOD / MBA Department**






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### RESOURCE PERSON DETAILS

<b>Title of the Programme</b>	<b>Life Skill Development Programme on Yoga</b>
<b>Date of the Programme</b>	<b>14/12/2021</b>
<b>Name of the Resource Person</b>	<b>Mr. B. Ganesh</b>
<b>Photo of the resource person Profile</b>	
<b>E mail address</b>	<b>Assistant Professor, Department of MBA</b>
<b>Phone number</b>	<b>ganesh.b @spcet.ac.in</b>



**Event Coordinator**



**HOD/MBA**

  
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## LIFE SKILL DEVELOPMENT PROGRAMME ON YOGA

DATE : 14/12/2021

RESOURCE PERSON : Mr. B. Ganesh

### Student Enrollment List

S. No	Register No	Name of the student	Department
1	112721631001	AAHASH.S.D	MBA
2	112721631002	AARTHI M	MBA
3	112721631003	ABINASH. G	MBA
4	112721631004	ALEX WILSON ARULDOSS. G	MBA
5	112721631005	ANAND S	MBA
6	112721631007	ANITHA.B	MBA
7	112721631008	ANUSHA.M	MBA
8	112721631009	ARUNA KUMARI. T	MBA
9	112721631010	BHUVANESHWARI D	MBA
10	112721631011	BHUVANESHWARI M	MBA
11	112721631012	BRIGHT WILSEN S	MBA
12	112721631013	DEBORAH DEVAKUMARI. S	MBA
13	112721631014	DHANALAKSHMI.S	MBA
14	112721631015	DHAYALAN S	MBA
15	112721631016	DINESH J	MBA
16	112721631017	DIVYAR	MBA
17	112721631018	EDWIN.S	MBA
18	112721631019	ENERST PAUL .P	MBA
19	112721631020	K.GOMATHI	MBA
20	112721631021	GOWTHAM C	MBA
21	112721631022	GOWTHAM.D	MBA
22	112721631023	HABEL HAMANTH. G	MBA
23	112721631024	HARIHARAN.R	MBA
24	112721631025	HARI KRISHNAN.G	MBA



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S. No	Register No	Name of the student	Department
25	112721631026	HARINI SRI . D	MBA
26	112721631027	HARIPRASATH.P	MBA
27	112721631028	HARITHA H	MBA
28	112721631029	IMMACULATE BERNERDH R	MBA
29	112721631030	INDHUMATHI B	MBA
30	112721631031	ISHWARYA	MBA
31	112721631032	KARTHIKA K	MBA
32	112721631033	KEERTHANA. S	MBA
33	112721631034	KEERTHIKA.K	MBA
34	112721631035	KIRAN RAJ.P	MBA
35	112721631036	LAVANYA K	MBA
36	112721631037	LIBIN	MBA
37	112721631038	MADHUSUDHANAN A	MBA
38	112721631039	MAHALAKSHMI.V	MBA
39	112721631040	MALAVIKA S	MBA
40	112721631041	MELVIN.S	MBA
41	112721631044	NAVEEN.S	MBA
42	112721631045	NAZREEN FATHIMA .S. H.	MBA
43	112721631047	PADMA PRIYA. E	MBA
44	112721631048	PAUL PRASANNA KUMAR. KM	MBA
45	112721631049	PRAVEEN.M	MBA
46	112721631066	VISHNU . R	MBA

  
Event Coordinator

  
HOD / MBA



  
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## DEPARTMENT OF MANAGEMENT STUDIES

Name of Programme : Life Skill Development Programme on Yoga

DATE : 14/12/2021

RESOURCE PERSON : Mr. B. Ganesh

### ATTENDANCE REPORT

S. No	Register No	Name of the student	Department	Signature
1	112721631001	AAHASH.S.D	MBA	Aashash
2	112721631002	AARTHI M	MBA	arthi
3	112721631003	ABINASH. G	MBA	Abinash G
4	112721631004	ALEX WILSON ARULDOSS. G	MBA	Alex Wilson
5	112721631005	ANAND S	MBA	Anand S
6	112721631007	ANITHA.B	MBA	Anitha B
7	112721631008	ANUSHA.M	MBA	Anusha M
8	112721631009	ARUNA KUMARI. T	MBA	Aruna K.T
9	112721631010	BHUVANESHWARI D	MBA	Bhuvaneshwari D
10	112721631011	BHUVANESHWARI M	MBA	Bhuvaneshwari M
11	112721631012	BRIGHT WILSEN S	MBA	Bright Wilsen S
12	112721631013	DEBORAH DEVAKUMARI. S	MBA	Deborah Devakumari S
13	112721631014	DHANALAKSHMI.S	MBA	Dhanalakshmi S
14	112721631015	DHAYALAN S	MBA	Dhayalan S
15	112721631016	DINESH J	MBA	Dinesh J
16	112721631017	DIVYA.R	MBA	Divya R
17	112721631018	EDWIN.S	MBA	Edwin S
18	112721631019	ENERST PAUL .P	MBA	Ernst Paul P
19	112721631020	K.GOMATHI	MBA	K.Gomathi



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S. No	Register No	Name of the student	Department	Signature
20	112721631021	GOWTHAM C	MBA	Gowtham
21	112721631022	GOWTHAM.D	MBA	Gowtham.D
22	112721631023	HABEL HAMANTH. G	MBA	Habel
23	112721631024	HARIHARAN.R	MBA	Hari
25	112721631026	HARINI SRI . D	MBA	Harini
26	112721631027	HARIPRASATH.P	MBA	Hariprasath
27	112721631028	HARITHA H	MBA	Haritha
28	112721631029	IMMACULATE BERNERD R	MBA	immaculate
29	112721631030	INDHUMATHI B	MBA	Indhumathi
30	112721631031	ISHWARYA	MBA	Ishu
31	112721631032	KARTHIKA K	MBA	Karthika
32	112721631033	KEERTHANA. S	MBA	keerthana
33	112721631034	KEERTHIKA.K	MBA	keerthika
34	112721631035	KIRAN RAJ.P	MBA	Kiran
35	112721631036	LAVANYA K	MBA	Lavanya.K
36	112721631037	LIBIN MB	MBA	Libin
37	112721631038	MADHUSUDHANAN A	MBA	Madhusu
38	112721631039	MAHALAKSHMI.V	MBA	mahalakshmi
39	112721631040	MALAVIKA S	MBA	malavika
40	112721631041	MELVIN.S	MBA	Melvin
41	112721631044	NAVEEN.S	MBA	Naveen.S
42	112721631045	NAZREEN FATHIMA .S. H.	MBA	Nazreen
43	112721631047	PADMA PRIYA. E	MBA	Padma
44	112721631048	PAUL PRASANNA KUMAR. KM	MBA	Paul
45	112721631049	PRAVEEN.M	MBA	Praveen
46	112721631066	VISHNU. R	MBA	Vishnu



Event Coordinator

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HOD / MBA





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### DEPARTMENT OF MANAGEMENT STUDIES

#### REPORT ON LIFE SKILL DEVELOPMENT PROGRAMME ON YOGA ON 14.12.21

The Department of Management studies, “ St Peters college of Engineering and Technology organized one day Life skill development programme on “ Yoga “ on 14<sup>th</sup> December 2021 from 10.00 am to 12.00 pm for the Management department students.

The resource person Mr. B. Ganesh explained the presentation starting with the Introduction of yoga and then proceeded with the importance and also explained the need for how Yoga has become the norm through which the way of difference in the modern life scenario and how it makes a fundamental difference in getting relaxed in the hustle and bustle of the society.



“ STUDENTS PERFORMING THE PADMASANA ASANA “



  
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In the program, the students interacted with ease and raised in many doubts and also transfigured the importance of practicing yoga in the daily basis

We thank the Management, Chairman, Principal and all Department heads for the continuous support and guidance

Convenor : Dr A.K. Subramani – HOD / MBA

Coordinator : Ms. C. Evangeline , AP / MBA



### STUDENTS PERFORMING THE ANAHA POSE

  
Coordinator

  
HOD/MBA

  
Principal



  
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### FEED BACK:

This programme gave us good awareness about yoga. The speaker explained about the effects, harms and also various benefits out of yoga. This session made us aware of our roles and responsibilities in practicing yoga. This program is an eye opener for many of us regarding the do's and benefits of yoga. The speaker shared his knowledge and experience in the various asanas in a very good manner by giving day to day examples, which helped us to rectify the mistakes and also take part in yoga activities



Event Coordinator



HoD / MBA



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**DEPARTMENT OF MANAGEMENT STUDIES**

**CERTIFICATE OF PARTICIPATION**

This is to certify that

Mr. / Ms. S.D. Aakash . 112721631001 , 1<sup>st</sup> year of  
MBA Department

has actively participated in the Life Skill Development Programme on  
YOGA organized by the Department of Management Studies on  
14.12.2021.



**Dr. A. K. SUBRAMANI**  
HOD - DOMS

**PRINCIPAL**  
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**Dr. K. PURUSHOTHAMAN**  
PRINCIPAL



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**DEPARTMENT OF MANAGEMENT STUDIES**

**CERTIFICATE OF PARTICIPATION**

**This is to certify that**

**Mr. / Ms. \_\_\_\_\_ of**


*has actively participated in the Life Skill Development Programme on  
YOGA organized by the Department of Management Studies on  
14.12.2021.*



**Dr. A. K. SUBRAMANI**  
**HOD - DOMS**

  
**PRINCIPAL**

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**PRINCIPAL**

**Dr. K. PURUSHOTHAMAN**  
**PRINCIPAL**





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## Circular

25/03/2022

Ref No: SPCET/PRI/CIR/21-22/ BT/01

The Department of Biotechnology is organising Life Skill development programme on Lab Safety and Hygiene on 28.03.2022 (Monday) at 11AM in Room 256 (Block VI). Mr.C. Kudiarasu from Maghesh Value Products Pvt Ltd has agreed to be resource person. Students are hereby requested to make use of this opportunity. For registration kindly contact Ms.T.Devi, AP/Biotech.

  
Principal

To

All HODs  
Notice Boards

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Trustees  
Secretary



  
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## DEPARTMENT OF BIOTECHNOLOGY

Organising  
Life Skill development programme on  
**Lab Safety and Hygiene**

**28 March 2022**

Venue: Room- 256, BLOCK VI, SPCET

Time: 11.00 AM

Resource Person

**Mr.C. Kudiarasu**

**Maresh Value Products Pvt Ltd**

**Dr. K.Purushothaman**

Principal, SPCET

Will preside over the programme

### Program Key Points

- Chemical and physical hazards in biotech laboratories
- Labelling the chemicals
- How to read and understand MSDS
- Electrical and tools safety
- Lab safety levels
- How to handle lab waste.
- Proper way to prepare chemicals

**UG and PG students can attend the program by registering with coordinator**



**Ms.T.Devi**

AP-Biotech/Coordinator

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**Dr.P.Sivamani**

HOD-Biotech





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## Department of Biotechnology

### Programme Report

#### Life Skill Development Programme on Lab Safety and Hygiene

Programme Date 25-03-2022  
No of Participants 54  
Programme Type Life Skills development

#### Details of Resource Person for Seminar

Name Mr.K. Kudiyarasu  
Designation Research Assistant  
Affiliation: Mahesh Value Products Pvt Ltd, Chennai  
Research/ Expertise Area: Industrial Biotechnology & lab maintenance  
Programme Coordinator Ms.T.Devi/AP/Biotech

#### Report

Training Seminar on Life Skill training on Lab Safety and Hygiene was organised by department of biotechnology on 25<sup>th</sup> March 2022 with active participation of 54 students and academic professionals. Programme was initiated to provide necessary safety and precautions students need to work in biotechnology laboratories.



#### Key takeaways

Participants raised several questions and provided comments regarding the Seminar's scope and how it connects with the broader picture. Some students even clarified their doubts in a one-on-one conversation. The distinguished speaker ensured that he patiently answered to all the questions elaborately.

#### Key statements, quotes and points:

- Chemical and physical hazards in biotech laboratories
- Labelling the chemicals
- How to read and understand MSDS
- Electrical and tools safety
- Lab safety levels and
- How to handle lab waste.
- Proper way to prepare chemicals.



Programme Coordinator

  
PRINCIPAL

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HoD



# ST. PETER'S COLLEGE OF ENGINEERING AND TECHNOLOGY: CHENNAI

Affiliated to Anna University, Chennai & Approved by AICTE  
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## Department of Biotechnology

### Resource Person Profile

#### Life Skill Development Programme on Lab Safety and Hygiene


Programme Date	25-03-2022
Programme Type	Life Skills Development
Programme Coordinator	Ms.T.Devi/AP/Biotech
Resource Person	Mr.K. Kudiyarasu, Research Assistant Mahesh Value Products Pvt Ltd, Chennai. +91 8610080081

Photo



Mr.K.Kudiyarasu has completed his undergraduate in B.Tech Biotechnology from St. Peter's College of Engineering and Technology. He is working as research assistant at Mahesh Value Products Pvt Ltd, Chennai for the past 2 years. Earlier he has experience of working in a reputed pharma industries as research assistant. His role includes preparation of safety regulations for the laboratory and developing standards practices.



  
Programme Coordinator

  
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## DEPARTMENT OF BIOTECHNOLOGY

Name of Programme : Life Skill Training Programme on Lab Safety and Hygiene

Programme Co-ordinator : Ms.T.Devi

Programme duration : 28.03.2022

Academic Year : 2021-2022

### STUDENT ENROLLMENT LIST

S.No	Reg No	Name	Department
1	112719214001	Abinaya B	Biotech
2	112719214002	Abraham A	Biotech
3	112719214003	Allen Sharni S	Biotech
4	112719214004	Ashok Kumar N	Biotech
5	112719214005	Bharath K	Biotech
6	112719214006	Bhuvaneshwari R	Biotech
7	112719214008	Charulatha K	Biotech
8	112719214009	Gowthaman G	Biotech
9	112719214010	Guna Varshini G	Biotech
10	112719214011	Keerthilakshmi S	Biotech
11	112719214012	Mukesh S	Biotech
12	112719214013	Naga Sivanesh S T	Biotech
13	112719214014	Parkavi D	Biotech
14	112719214015	Pooja R	Biotech
15	112719214016	Priyanka A	Biotech
16	112719214017	Priyanka S	Biotech
17	112719214018	Samuthiram M	Biotech
18	112719214019	Shyni S	Biotech
19	112719214020	Sowmiya M	Biotech
20	112719214021	Subalakshmi J	Biotech
21	112719214022	Sumithra V	Biotech
22	112719214023	Vidhya B	Biotech
23	112719214024	Vinodhini K	Biotech
24	112720214001	Abinaya N	Biotech
25	112720214002	Anandhi P	Biotech



  
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S.No	Reg No	Name	Department
26	112720214003	Ashika Jahana S	Biotech
27	112720214004	Dhanalakshmi P	Biotech
28	112720214005	Divyashree R	Biotech
29	112720214006	Hemesre D	Biotech
30	112720214007	Issac Winston J	Biotech
31	112720214008	Jaseema M	Biotech
32	112720214009	Kamali J	Biotech
33	112720214010	Kamali U	Biotech
34	112720214011	Koushik Eswaar D	Biotech
35	112720214012	Magesha M	Biotech
36	112720214013	Nandhini G	Biotech
37	112720214014	Rajeswari M	Biotech
38	112720214015	Rutick A	Biotech
39	112720214016	Saran Kumar P	Biotech
40	112720214017	Sreemathy P	Biotech
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42	112720214019	Suresh M	Biotech
43	112720214020	Valarmathi S	Biotech
44	112720214021	Vikram V	Biotech
45	112720214022	Yogalakshmi D	Biotech
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48	112719203008	Manikandan R	Chemical
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50	112720203005	Madesh.P	Chemical
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52	112720203007	Pujita.J	Chemical
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Programme Coordinator

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## DEPARTMENT OF BIOTECHNOLOGY

Name of Programme : Life Skill Training Programme on Lab Safety and Hygiene

Programme Co-ordinator : Ms.T.Devi

Programme duration : 28.03.2022

Academic Year : 2021-2022

## STUDENT ATTENDANCE

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18	112719214019	Shyni S	Biotech	Shyni
19	112719214020	Sowmiya M	Biotech	Sowmiya
20	112719214021	Subalakshmi J	Biotech	Subalakshmi
21	112719214022	Sumithra V	Biotech	Sumithra
22	112719214023	Vidhya B	Biotech	Vidhya
23	112719214024	Vinodhini K	Biotech	Vinodhini
24	112720214001	Abinaya N	Biotech	Abinaya
25	112720214002	Anandhi P	Biotech	Anandhi



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53	112720203008	Swetha.E	Chemical	
54	112720203009	Yogeshwaran.R.S	Chemical	



Programme Coordinator

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# St.PETER'S COLLEGE OF ENGINEERING AND TECHNOLOGY

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Avadi, Chennai, Tamil Nadu, 600 054.



## Certificate of Participation

This is to certify that Mr/Ms\_\_\_\_\_

from\_\_\_\_\_has attended life

skill development programme on "Lab safety and hygiene" organised by Department of

Biotechnology, St. Peter's College of Engineering and Technology, Avadi, Chennai on

28, March, 2022.



COORDINATOR

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Avadi, Chennai, Tamil Nadu, 600 054.



## Certificate of Participation

This is to certify that Mr/Ms VIKRAM V  
from DEPARTMENT OF BIOTECHNOLOGY, SPCET has attended life  
skill development programme on "Lab safety and hygiene" organised by Department of  
Biotechnology, St. Peter's College of Engineering and Technology, Avadi, Chennai on  
28, March, 2022.



  
COORDINATOR

  
HOD

  
PRINCIPAL

  
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Peter's College of Engineering & Technology  
Avadi, Chennai-600 054.



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Ref No: SPCET/PRI/CIR/21-22/CHEM/002

Date: 21.05.2022

**Circular**

The department of Chemical Engineering is organizing Life Skill Development Programme on Hygiene on 26.05.2022 at Block VI – Seminar hall. All the students are requested to make use of this opportunity to participate and develop their life skills. For registration kindly contact Dr.S.Thenesh Kumar, HOD/Chemical Engineering.

  
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To  
All HODs  
Notice Boards

Copy to:  
Chairperson  
Trustees  
Secretary



  
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## Department of Chemical Engineering

Cordially invites you for the

### Life Skill Development programme on "HYGIENE"

On 26th May 2022 at Block VI - Seminar hall

**Mr. S. P. NEDUMARAN**  
**FOUNDER - Ambattur water bodies**  
Will be the Resource Person

**Dr. K.PURUSHOTHAMAN,**  
Principal, SPCET  
Will preside over the programme

**Dr. Mrs.T.Banumathi**  
Chairperson, SPCET

**Dr. T.Lasya**  
Trustee, SPCET

**Dr. T.Namratha**  
Chairperson, SPCET

**Mr. Prabu**  
Secretary, SPCET

**Ms.J.Sheeba Vinolia**  
Asst Prof / Chemical Engg  
Event Coordinator



  
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**Dr.S.Thenesh Kumar**  
HOD / Chemical Engg



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## DEPARTMENT OF CHEMICAL ENGINEERING

### REPORT

**Title of the event** : Life skill development programme on Hygiene " **Reduce the pollution and that is the solution** "

**Event Coordinator:** Mrs. J. Sheeba Vinolia Priyadharshini, Assistant Professor, Chemical Engineering

**Event Speaker** : Mr. S. P. Nedumaran, Founder, Ambattur water bodies movement

**Event Date** : 26-05-2022

**Academic Year** : 2021 - 2022

It is affirmed that the department of chemical engineering has organised life skill development programme for the students in St. Peter's College of Engineering & Technology.

The program titled as Life skill development programme on Hygiene under the caption, "**Reduce the pollution and that is the solution**" was conducted successfully and the overall attendance percentage of students was recorded. It was ensured that the entire students attended the programme and performed well throughout and received the participation certificate.

### PROGRAMME PHOTOS:



Life skill development programme on Hygiene " **Reduce the pollution and that is the solution** " on 26.05.2022



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### **FEED BACK:**

This programme gave us good awareness about environmental pollution. The speaker explained about the effects, harms and also various diseases caused by pollution. This session made us aware of our roles and responsibilities in controlling pollution. This program is an eye opener for many of us regarding the do's and don'ts of pollution. The speaker shared his knowledge and experience in the pollution controlling field in a very good manner by giving day to day examples, which helped us to rectify the mistakes and also take part in controlling the pollution.

**Event Coordinator**

**HoD / Chemical Engineering**



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**DEPARTMENT OF CHEMICAL ENGINEERING**

**Event Coordinator** : Ms. J.Sheeba Vinolia Priyadharshini /Assistant Professor

**Event Date** : 26-05-2022

**Academic Year** : 2021 – 2022

**Title of the event** : Life skill development programme on “Hygiene”

**Students Enrollment List**

S.No.	Register Number	Student Name	Department
1	112718203001	AISHWARYA LAKSHMI D	Chemical
2	112718203002	ANGEL MONISHA R	Chemical
3	112718203003	DINESH C R	Chemical
4	112718203004	MOHAMED SAJID K M	Chemical
5	112718203005	MOHAMMED JUNAID KHAN S	Chemical
6	112718203006	PRIYADHARSHINI N	Chemical
7	112718203007	RAGHUL P	Chemical
8	112718203008	RESHMA S J	Chemical
9	112718203009	SHABEER AHMED K	Chemical
10	112718203010	SURIYA NARAYANAN B	Chemical
11	112718203011	SURYAPRAKASH P	Chemical
12	112718203012	VENKATASUBRAMANI G	Chemical
13	112718203013	WAGISHWAR R L	Chemical
14	112718203014	YARTY N	Chemical
15	112718203014	DURAI RAJ J	Chemical
16	112719203001	AKASH R	Chemical
17	112719203002	BHARATH V	Chemical
18	112719203003	BOOMIKA K	Chemical
19	112719203004	FREDRICK ROSHAN M	Chemical



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S.No.	Register Number	Student Name	Department
20	112719203005	JACK ALWIN A	Chemical
21	112719203006	JAGADEESH E	Chemical
22	112719203007	LOGANATHAN M	Chemical
23	112719203008	MANIKANDAN R	Chemical
24	112719203009	NAVEEN KUMAR J	Chemical
25	112719203010	PHILSHIA THARO P	Chemical
26	112719203011	PURUSHOTHAMAN R	Chemical
27	112719203012	SAIRAM B	Chemical
28	112719203013	SANTHOSH KUMAR S	Chemical
29	112719203014	SARAVANA KUMAR K	Chemical
30	112719203015	SATHISH S	Chemical
31	112719203016	SHIVA SUBRAMANI T	Chemical
32	112719203017	SHRINIVETHA S	Chemical
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34	112719203020	TONY FRANKLIN F	Chemical
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38	112720203004	LOKESH KUMARAN.M.N	Chemical
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S.No.	Register Number	Student Name	Department
44	112718101001	CINDRELLA DEVAPRIYAN S	Aeronautical
45	112718101002	ELANGO R	Aeronautical
46	112718101003	HARIHARAN R	Aeronautical
47	112718101004	HEMANATHAN S	Aeronautical
48	112718101005	JOHNMATHEW S	Aeronautical
49	112718214013	RAGA SUDHA J E V	Biotechnology
50	112718214003	BOAZ K	Biotechnology
51	112718214007	LOKESHWARAN E	Biotechnology
52	112718214013	RAGA SUDHA J E V	Biotechnology
53	112718214017	SUMITHRA S	Biotechnology
54	112718103001	BYSOAN RAJ R	Civil
55	112718103002	DURAI RAJAN P	Civil
56	112718103303	KARAN BABU K	Civil
57	112718103004	KALAIARASAN D	Civil
58	112718103005	KRISHNAPRASATH K V	Civil
59	112718103007	NESANATHAN.A	Civil
60	112718103008	SELVA ROSHAN S	Civil

Event Coordinator

HoD / Chemical Engineering



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**DEPARTMENT OF CHEMICAL ENGINEERING**

**Event Coordinator** : Ms. J.Sheeba Vinolia Priyadharshini /Assistant Professor

**Event Date** : 26-05-2022

**Academic Year** : 2021 – 2022

**Title of the event** : Life skill development programme on “Hygiene”

**Students Enrollment List**

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Event Coordinator



HoD / Chemical Engineering

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**DEPARTMENT OF CHEMICAL ENGINEERING**

**Event Coordinator** : Ms. J.Sheeba Vinolia Priyadharshini /Assistant Professor

**Event Date** : 26-05-2022

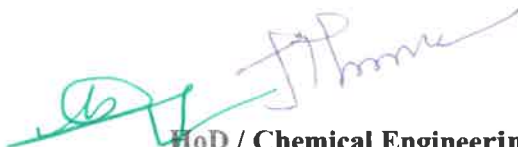
**Academic Year** : 2021 – 2022

**Resource Person Details**

<b>Title of the event</b>	Life skill development programme on “Hygiene”
<b>Name of the Speaker</b>	Mr. S. P. Nedumaran
<b>Speaker</b>	
<b>Profile</b>	Founder – Ambattur Water Bodies Movement Mr. S. P. Nedumaran is a founder of ambattur water bodies movement with his team he undertaken many depleting water bodies, renovated and changed the surrounding hygienic and clean. More than 50 water bodies and many other lands were taken care by him and his team.
<b>Contact Number</b>	9841236017
<b>Email Id</b>	spnedumaranawbm@gmail.com

  
Event Coordinator



  
HoD / Chemical Engineering  
**PRINCIPAL**

St. Peter's College of Engineering & Technology  
Avadi, Chennai-600 054.





**St. Peter's College of Engineering and Technology, Avadi, Chennai-54.**

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**Department of Chemical Engineering & IChE – SPCET Student Chapter**

## Participation Certificate

**This is to certify that**

**Mr. / Ms.** N. YARTY — IV YEAR **of**

CHEMICAL ENGINEERING

*has actively participated in the **Life skill development** programme on **HYGIENE** organized by the Department of Chemical Engineering on 26.05.2022.*

  
**Dr. S. Thenesh Kumar**  
Professor and Head



  
**PRINCIPAL**  
St. Peter's College of Engineering & Technology  
Avadi, Chennai-600 054.

  
**Dr. K. Purushothaman**  
Principal



**St. Peter's College of Engineering and Technology, Avadi, Chennai-54.**

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**Department of Chemical Engineering & IChE – SPCET Student Chapter**

## Participation Certificate

**This is to certify that**

**Mr. / Ms.** \_\_\_\_\_ **of**

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**Dr. S.Thenesh Kumar**  
Professor and Head



  
**PRINCIPAL**  
St. Peter's College of Engineering & Technology  
Avadi, Chennai-600-054

**Dr. K. Purushothaman**  
Principal



**St. PETER'S COLLEGE OF ENGINEERING & TECHNOLOGY :: CHENNAI**

**Affiliated to Anna University, Chennai & Approved by AICTE**

**Accredited by NAAC with 'A' Grade & ISO 9001:2015 Certified Institution**

**Name of the Programme : Life Skill Development Programme on Yoga & Meditation**

**Department : Information Technology**

**Date : 12.07.2021**

**No of participants : 28**

**Details of the resource person:**

**Dr.Divya Godan Namboodiri (PT),  
Specialist in Therapeutics**



**"Stress Management under Covid- 19 Situation" talk by expert was conducted on 12<sup>th</sup> July 2021.**



**"Stress Management under Covid- 19 Situation" Exercises conducted online by demonstrator on 12<sup>th</sup> July 2021.**



  
**PRINCIPAL**  
St. Peter's College of Engineering & Technology  
Avadi, Chennai-600 054.

*Therapist*

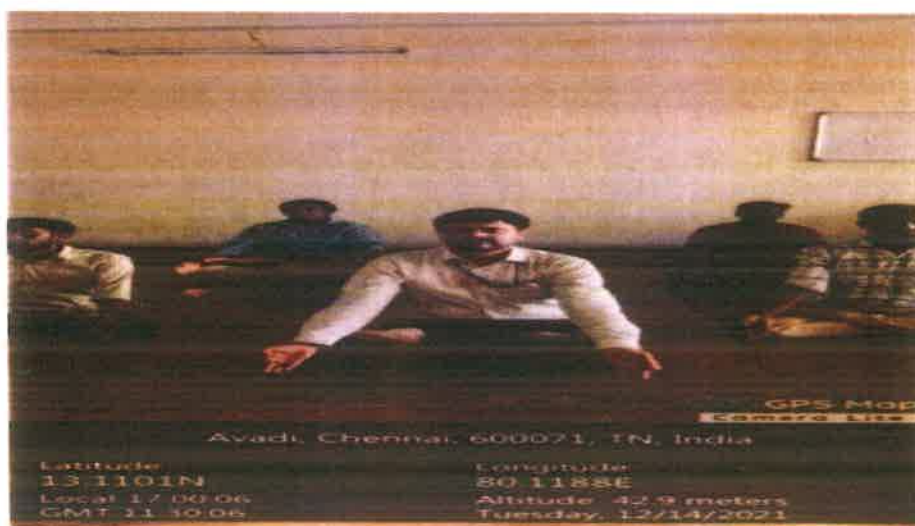


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### Photos of Life skill development programme on YOGA – 14.12.2021

Mr.Ganesh posing padmasanam



  
Event Coordinator

  
HOD / MBA



  
PRINCIPAL  
St. Peter's College of Engineering & Technology  
Avadi, Chennai





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## Department of Biotechnology

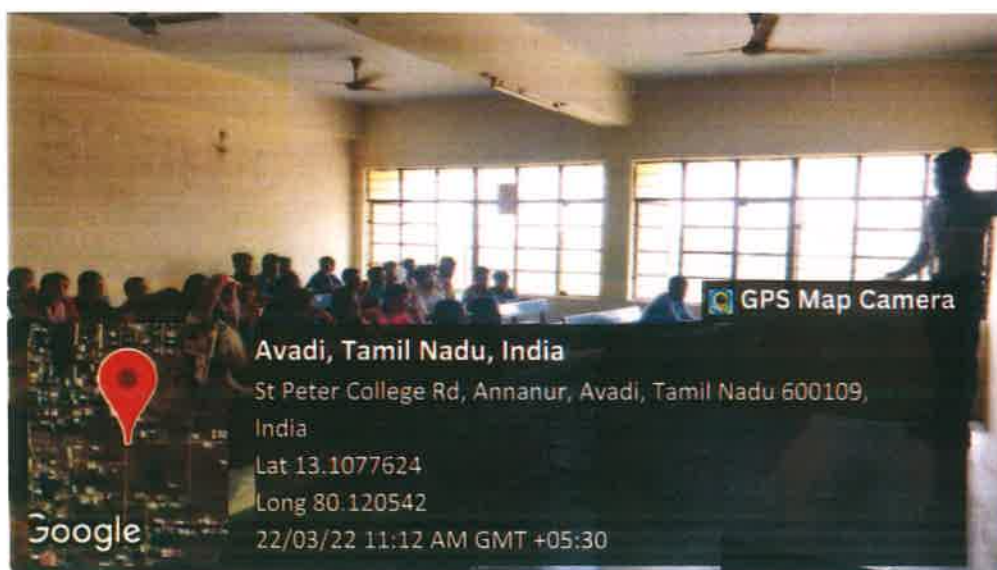
### Programme Photos

#### Life Skill Development Programme on Lab Safety and Hygiene

Programme Date	25-03-2022
Programme Type	Life Skills development
Programme Coordinator	Ms.T.Devi/AP/Biotech
Resource Person	Mr.K. Kudiyarasu Research Assistant Mahesh Value Products Pvt Ltd, Chennai



Biotech and Chemical students attending Skill development programme on 25.03.2022.




Mr.K. Kudiyarasu giving his talk regarding lab safety on 25.03.2022.



  
**Programme Coordinator**

  
**PRINCIPAL**  
St. Peter's College of Engineering & Technology  
Avadi, Chennai-600 054.

  
**HoD**



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**DEPARTMENT OF CHEMICAL ENGINEERING**

**Title of the event :** Life skill development programme on Hygiene " **Reduce the pollution and that is the solution** "

**Event Coordinator:** Mrs. J. Sheeba Vinolia Priyadharshini, Assistant Professor, Chemical Engineering

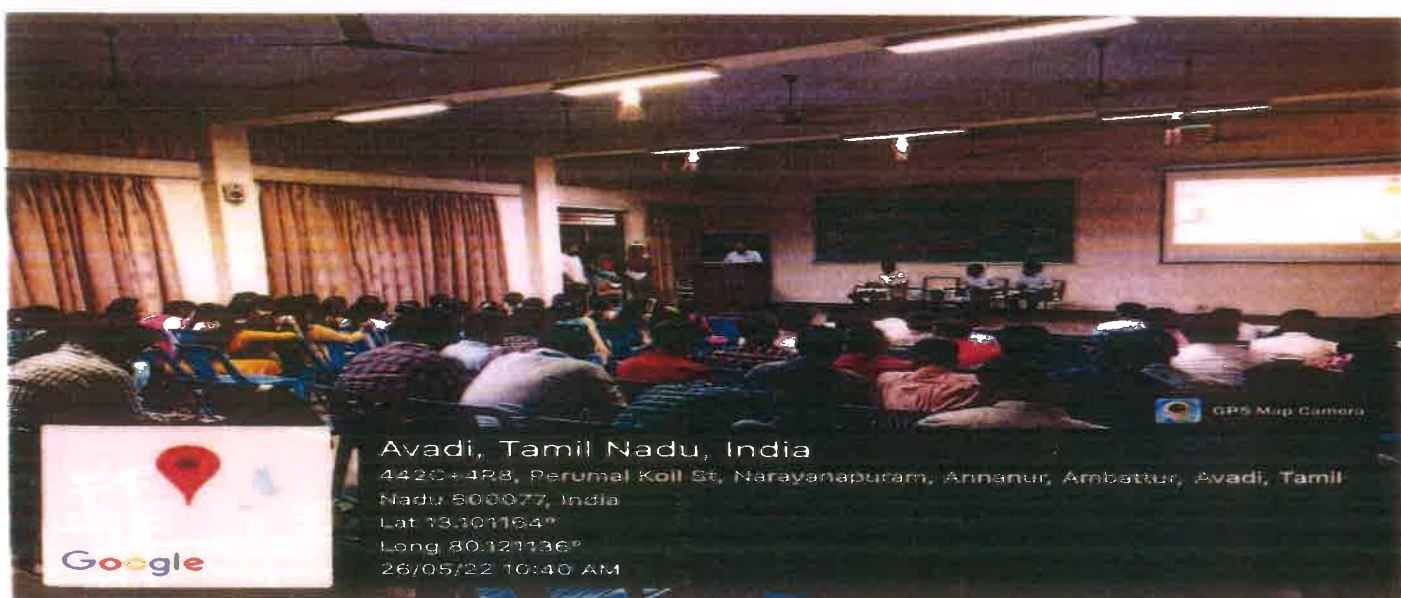
**Event Speaker :** Mr. S. P. Nedumaran, Founder, Ambattur water bodies movement

**Event Date :** 26-05-2022

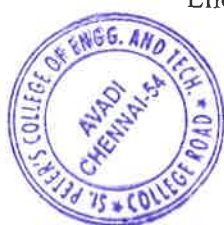
**Academic Year :** 2021 - 2022



Life skill development programme on Hygiene " **Reduce the pollution and that is the solution** " on 26.05.2022



Life skill development programme on Hygiene " **Reduce the pollution and that is the solution** " on 26.05.2022



Event Coordinator

PRINCIPAL

St. Peter's College of Engineering and Technology  
Avadi, Chennai-54  
08000000000